The health care system sometimes presents barriers to good end-of-life care; hopefully, these materials can help with care and advance planning.

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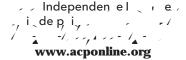
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Improving Your End-of-Life re r i e

Patient Education And Caring: End-o - i e (PEACE) erie

elcome to the PEACE series.

These end-of-life care education materials can be icebreakers for hard conversations with patients and families, help focus discussions, and serve as take-home brochures. They probably work best as tools for the exam room but can also be used in the waiting room.

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- Ask yourself as you see patients: Would
 I be surprised if this patient died this
 year? If the answer is "no," the patient
 might benefit.
- Ask yourself: Has this patient been in the ICU lately? If the answer is "yes," the patient might benefit.
- Consider the "tips" on this sheet as you see these patients.

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patients who have serious chronic (eventually fatal) illness than to those who are closer to death. But we all also need to feel heard.

It is often easier to have conversations with

Talking is often easier than listening. Being sure to pause in conversation, asking open-ended

questions, and "empathetic listening" can help.

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