Am

American College of Physicians
A Position Paper
2020

Mitigating the Negative Impact of Step Therapy Policies and Nonmedical Switching of Prescription Drugs on Patient Safety

A Position Paper of the
American College of Physicians

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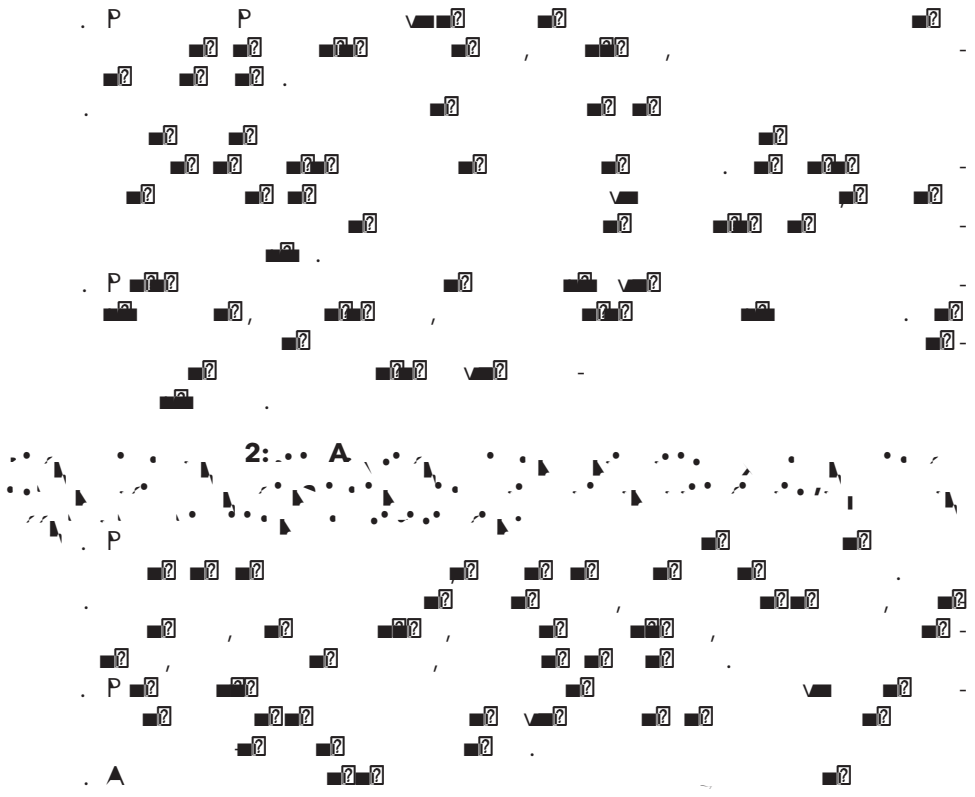

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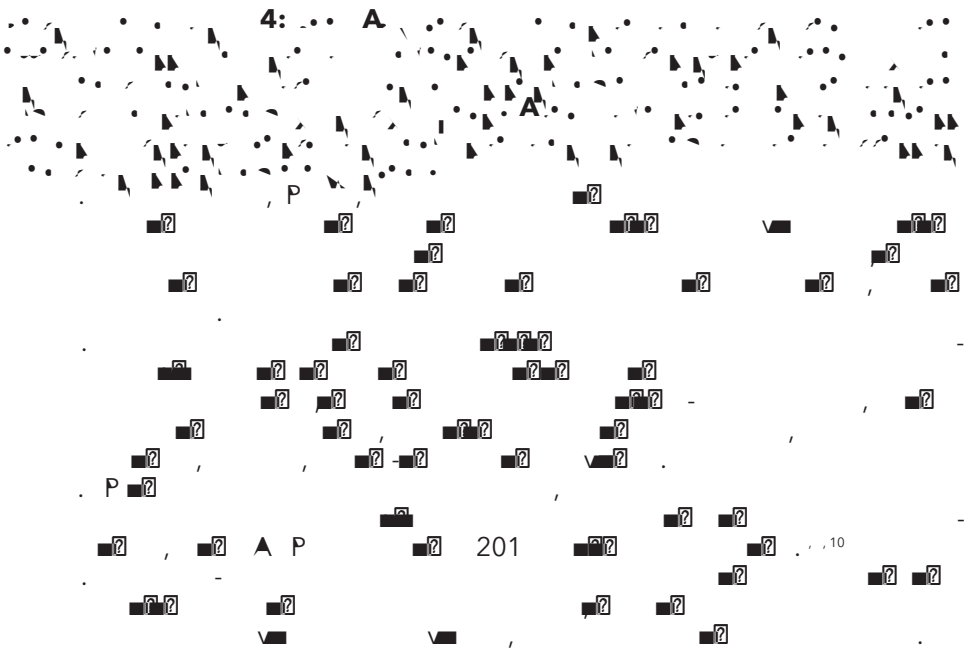

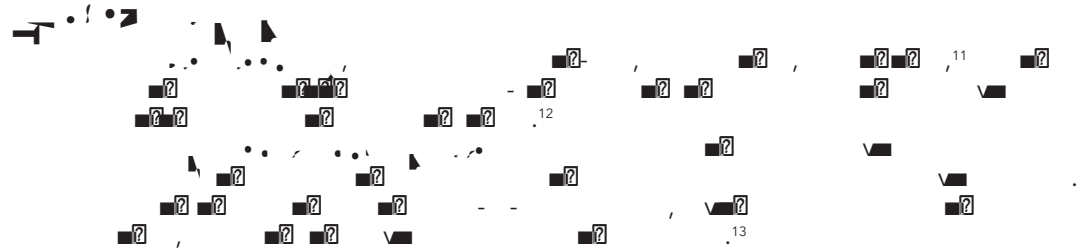

Rising Cost of Prescription Drugs

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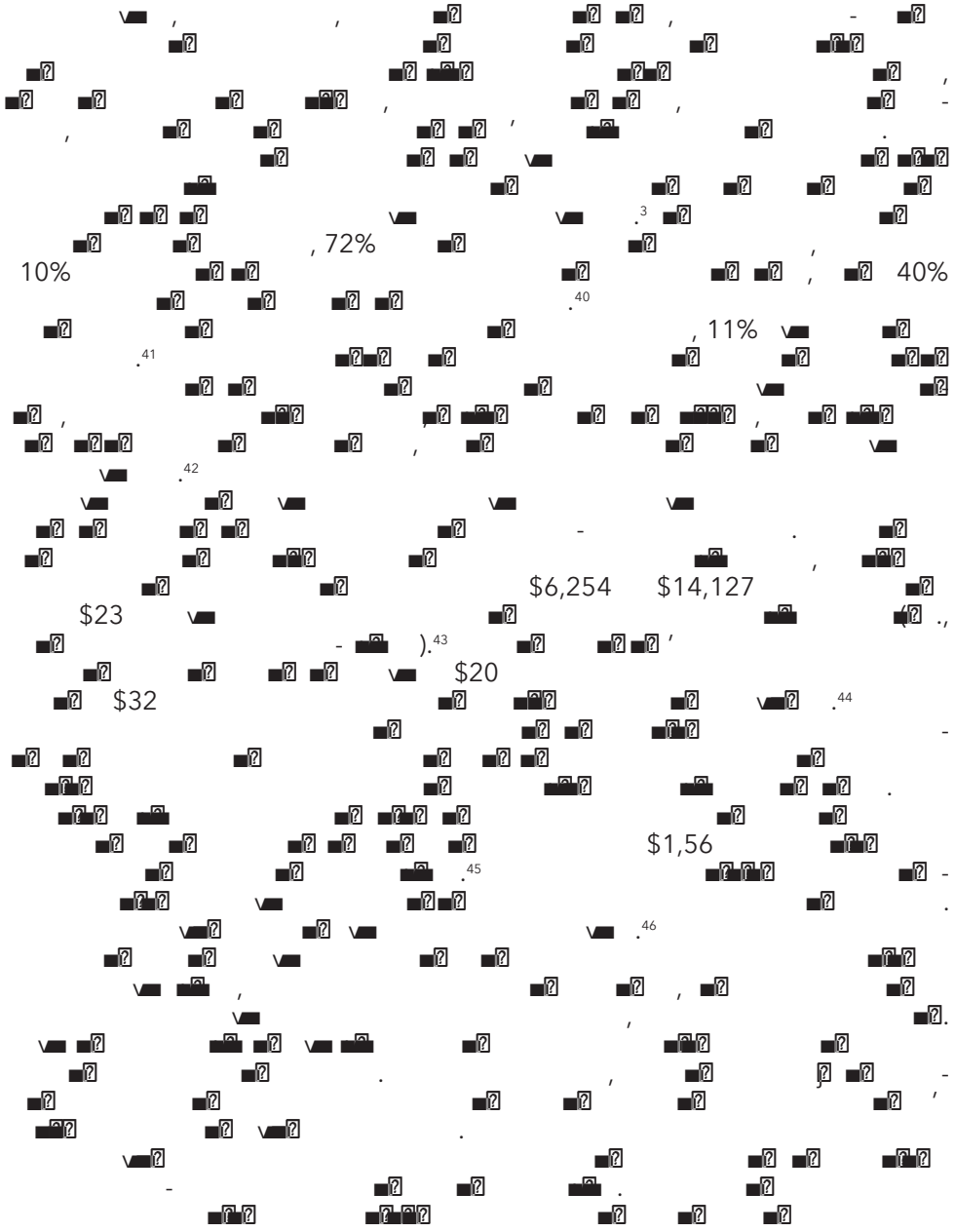
Concerns



. ***Step therapy and nonmedical drug switching programs should not require patients to try more than two drugs before being able to take a medication originally prescribed by their doctor.***

. ***PBMs should avoid combining step therapy and nonmedical drug switching policies with additional formulary restrictions, such as prior authorization requests, which create undue burden.*** P

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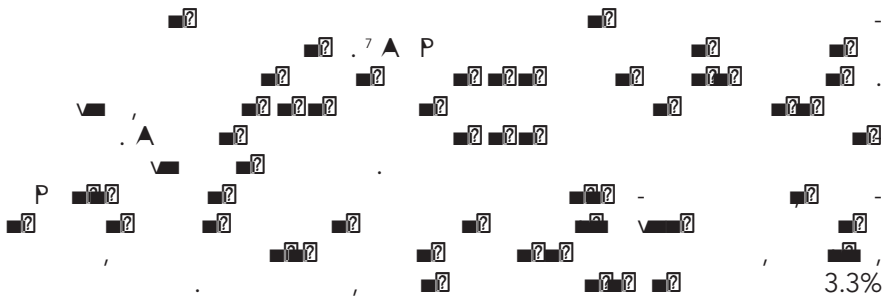

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